



## Programme ideas: Volunteering section

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a Volunteering programme of your own!

For each idea, there is a useful document giving you guidance on how to do it, which you can find under the category finder on [www.DofE.org/volunteering](http://www.DofE.org/volunteering)

### It's your choice...

Volunteering gives you the chance to make a difference to people's lives and use your skills and experience to help your local community. You can use this opportunity to become involved in a project or with an organisation that you care about.

### Help with planning

You can use the handy programme planner on the website to work with your Leader to plan your activity.

---

#### HELPING PEOPLE:

---

Helping children  
Helping older people  
Helping people in need  
Helping people with special needs  
Youth work

---

#### COMMUNITY ACTION AND RAISING AWARENESS:

---

Changemakers  
Drug and Peer Education  
Home accident prevention  
Personal safety  
Road safety

---

#### COACHING, TEACHING AND LEADERSHIP:

---

Air Training Corps  
Army Cadet Force  
Award Leadership  
Boys' Brigade  
Campaigners  
CCF  
Church Lads and Girls  
Dance Leadership  
Girlguiding UK  
Girls' Brigade  
Girls' Venture Corps  
Outdoor Leadership  
Scout Association  
Sea Cadets  
Sports Leadership  
St John Ambulance Leadership

---

#### WORKING WITH THE ENVIRONMENT OR ANIMALS:

---

Animal Welfare  
Environment

---

#### HELPING A CHARITY OR COMMUNITY ORGANISATION:

---

BCU Lifeguards  
Fundraising  
Faith communities  
Mountain Rescue  
Religious Education  
Religious Education - Jewish  
SOS Kit Aid  
Surf Lifesaving

Visit

**[www.DofE.org/volunteering](http://www.DofE.org/volunteering)**  
for more guidance, information,  
programme planners and programme ideas.